

# MRO TEAM MANUAL WITH MROCC RECERTIFICATION EXAM CME ACTIVITY (maximum 16 CME credit hours)



## TARGET AUDIENCE

This activity has been designed to meet the educational needs of recertifying MROs within Federally Regulated (DOT 49 CFR Part 40) and non-regulated drug testing programs.

## STATEMENT OF NEED

This educational activity will provide the latest information related to the drug testing procedures issued by the DOT and the Substance Abuse and Mental Health Services Administration.

Testing for illicit drugs, alcohol and prescription medication continues to grow at the workplace and within communities (e.g. schools, sports). More than 60% of large private employers require drug and alcohol testing. As demands for a safe and drug-free workplace grow, Federal requirements and a burgeoning workload require that Medical Review Assistants (MROA) and others carry out many duties and responsibilities on the Medical Review Officer's team. The MRO team is supervised by and accountable to the Medical Review Officer – the "gatekeeper" throughout the drug testing process. Under DOT drug and alcohol testing procedures, the MRO must supervise the Medical Review Team's work, and be directly involved in evaluating, hiring, and firing the MROA, as well as having authority over the assistant for decisions, direction, and control; and regular contact and oversight concerning drug testing program matters.

Thus, both the MRO and MROA must understand their distinct roles and responsibilities, and be comfortable interacting on different levels with employers, donors, laboratories, physicians and others interested in the drug testing process.

This CME program based of the Medical Review Officer Certification Council's *The Medical Review Officer Team Manual: MROCC's Guide for MROs and MRO*

*Assistants* provides MROs and their Assistants with the most up-to-date information associated with developing and managing the Medical Review Team, and offers a complete view of the Medical Review process, covering business, scientific, legal, ethical, and logistical issues. CMEs from this activity will fulfill both DOT and MROCC certification requirements for physicians who serve as Certified Medical Review Officers (MROs) within Regulated (DOT Regulation 49 CFR Part 40) and Non-Regulated drug testing programs. Up to 16 Category 1 CME credit hours may be obtained through this activity.

In order to help ensure a level of standards, the DOT requires that all Medical Review Officers who evaluate federally-mandated drug test results attend an initial training course which provides 12 Category 1 CME credit hours and, subsequently, that these MROs be certified through a written examination. Beyond the initial training and certification, MROs are required to obtain at least 12 additional Category 1 CME credit hours of MRO updating every three years. The Medical Review Officer Certification Council requires MROs to verify evidence of having completed 12 CME credit hours of MRO updating during the 36 months preceding the MROCC reexamination as part of its application prerequisite to sit for the Recertification examination.

The CME credits from this activity will fulfill both DOT CME requirements and MROCC recertification CME prerequisite requirements.

## EDUCATIONAL OBJECTIVES

At the conclusion of this activity, participants should be able to:

- Identify the distinct roles and responsibilities of the MRO and MRO Assistant within regulated and non-regulated workplace
- Distinguish and differentiate best practices and procedures for MRO and MROA duties as detailed in the MRO Team manual and 49 CFR Part 40
- Integrate the Competencies of the MRO and Competencies of the MROA
- Respond appropriately to questions from employers, fellow team members, and others about the drug testing process

## ACCREDITATION/CREDIT DESIGNATION STATEMENT

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Pennsylvania Medical Society and the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of University Services and MROCC. University Services is accredited by the Pennsylvania Medical Society to provide continuing medical education for physicians. University Services designates this educational activity for a **maximum of 16 credit hours, AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the educational activity.

## CONFLICT OF INTEREST STATEMENT

Faculty and all others who have the ability to control the content of continuing medical education activities sponsored by University Services are expected to disclose to the audience whether they do or do not have any real or apparent conflict of interest or other relationships related to the content of their presentation(s).

## PRINCIPLE FACULTY

James L. Ferguson, D.O., FASAM is the Chief Medical Review Officer for Verifications, Inc., is Course Director for MRO Courses sponsored by the American Society of Addiction Medicine, and is a member of the MROCC Board of Directors. Dr. Ferguson does not have any real or apparent conflict of interest or other

relationships related to the content of this activity.

## METHOD OF PARTICIPATION

In order to receive credit the participant must:

1. Read ***The Medical Review Officer Team Manual: MROCC's Guide for MROs and MRO Assistants*** available for purchase from the publisher – OEM Press – at (800) 533-8046 or [www.oempres.com](http://www.oempres.com)
2. Read **49 CFR Part 40 of the Federal Register** available from the MROCC website at [www.mrocc.org/DOTRules.htm](http://www.mrocc.org/DOTRules.htm)
3. Complete the participant information form and activity evaluation (found on the following page) and submit to MROCC along with the \$35.00 CME processing fee
4. Register for MROCC's Recertification examination - taken either online (\$495) or onsite (\$395) Find an application and information at [www.mrocc.org/page25.htm](http://www.mrocc.org/page25.htm)  
  
Upon passing the exam (an immediate "Pass" or "Fail" determination is given at the end of the online exam) a Verification of Certification letter showing a new certificate number and expiration date will be mailed from MROCC.
5. A CME certificate will be emailed from University Services (CME provider) within six weeks:  
University Services  
10551 Decatur Road Suite 200  
Philadelphia, PA 19154  
Phone: (215) 637-6800  
Toll Free: (800) 624-3784  
Fax: (215) 637-6328  
[cme@userservices.com](mailto:cme@userservices.com)
6. The estimated time to complete this educational activity is 16 hours.
7. This activity expires on July 15, 2011. Materials received after that date will be returned with payment.

**MRO Team Manual w/ Recertification Exam**

## PARTICIPANT INFORMATION

Print Full Name and Degree:		
Print Mailing Address:		
Suite/Floor:		
City:	State/Province:	Postal Code:
Email Address:	Telephone:	

## ACTIVITY EVALUATION

This activity is worth up to 16 Category 1 CME credit hours. I certify my actual hours spent to complete this activity to be \_\_\_\_\_ hours and \_\_\_\_\_ minutes.

I further certify that I have registered or have taken the MROCC Recertification Exam (circle) YES NO

How would you rate this activity overall? (5=excellent 1=poor)      5    4    3    2    1

Were the stated activity objectives successfully met?    YES    NO    PARTIALLY (describe below)

Do you plan on making any changes in your MRO practice as a result of this activity? YES NO (describe)

Please rate the content of this activity (5-excellent 1=poor):

(a) Timely, up-to-date content	5	4	3	2	1
(b) Relevant to your MRO Practice	5	4	3	2	1

Please suggest topics for future activities:

## PAYMENT METHOD (must be received with evaluation form to be processed)

The cost of this CME activity is **\$35.00** (includes processing of CME award directly from University Services (CME provider). The certificate will be emailed to you.

\_\_\_ Check enclosed payable to MROCC (U.S. Funds Only)

\_\_\_ MasterCard    \_\_\_ VISA    \_\_\_ American Express    \_\_\_ Discover Card

Credit Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Validation/Security Number (last 3 digits on back of VISA, MasterCard & Discover cards; Four digit code on front above account number on American Express cards): \_\_\_\_\_

Signature: \_\_\_\_\_

**Securely fax this page and your credit card payment to (847) 483-1282, or mail check/credit card payment to: MROCC 1821 Walden Office Square, Suite 400, Schaumburg, Illinois 60173**